

# Health Monitor GMON

*„INDICATE Health Risks – RATE professionally – REACT prophylacticy“*

## Explanation to Register Goal Values



You can assign goal values in a list for chosen parameters, which assist the active health monitoring and form the quantitative base for the „Follow-Up“ report. The set goal value is marked in the report "Follow up" as green goal line.



The preselection is an improvement of max. 10% towards the optimum, within the next 12 weeks. The Goal Value (resp. Change Value) and the time range (resp. Goal Date) can be individually changed. To change the values you can select the respective fields with a mouse click or cursor keys.

To avoid drastic Goal Values you will get a message at a change of more than 10% in 12 weeks. You should careful think about if you should accept such a drastic value or correct the value.



This Prognosis is only an approximation, which adopts a continuous change. Influences of unfavourable measurement conditions or false measurements cannot be excluded.



The traffic light picture shows how the measured values approach the goal line:

- „Green“ signals, that the goal value is almost reached or can be even surpassed.
- „Yellow“ shows an approximation to the goals however the goals value might not be reached.
- „Red“ shows that the curve goes from goal values.



[Overview about GMON modules](#)

general operation instruction, using goals values, other relevant parameters for health